MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
AGUA FRESCAS 16 oz												
Banana with Strawberry	391 g	310	50	5	3	0	15	70	62	3	52	6
Cantaloupe	391 g	220	0	0	0	0	0	35	56	1	55	1
Guava with Blueberry	391 g	230	5	0.5	0	0	0	10	57	4	52	2
Horchata	391 g	360	70	8	4.5	0	25	110	64	0	55	8
Jamaica	391 g	250	0	0	0	0	0	20	58	1	55	2
Lemonade with Organic Agave	391 g	170	0	0	0	0	0	10	47	1	44	0
Lime, Chia, Strawberry, Cucumber, Mint	391 g	320	90	10	1	0	0	15	57	12	40	6
Mamey	391 g	350	60	6	3.5	0	20	95	67	6	61	7
Mango with Mint	391 g	250	0	0	0	0	0	10	63	2	61	1
Mixed Fruit	391 g	210	0	0	0	0	0	20	53	2	50	1
Papaya with Organic Agave	391 g	210	0	0	0	0	0	20	55	2	51	1
Pineapple Spinach	391 g	250	0	0	0	0	0	25	65	2	59	1
Strawberry Mint	391 g	190	0	0	0	0	0	10	48	3	44	1
Tamarindo	391 g	250	0	0	0	0	0	25	64	2	53	1
Watermelon Mint	391 g	190	0	0	0	0	0	10	49	1	47	1
AGUA FRESCAS 32 oz												
Banana with Strawberry	612 g	490	80	8	4.5	0	25	110	98	5	82	9
Cantaloupe	612 g	340	0	0	0	0	0	50	87	2	86	2
Guava with Blueberry	612 g	370	10	1	0	0	0	20	90	6	82	3
Horchata	612 g	560	110	12	7	0	40	170	100	0	85	13
Jamaica	612 g	390	0	0	0	0	0	30	91	2	86	4
Lemonade with Organic Agave	612 g	270	0	0	0	0	0	20	73	1	68	0
Lime, Chia, Strawberry, Cucumber, Mint	612 g	500	140	15	1.5	0	0	25	89	18	62	9
Mamey	612 g	550	90	10	6	0	30	150	104	10	95	12
Mango with Mint	612 g	390	5	0.5	0	0	0	20	99	3	96	2
Mixed Fruit	612 g	320	0	0	0	0	0	30	83	3	79	1
Papaya with Organic Agave	612 g	320	0	0	0	0	0	30	86	3	80	1
Pineapple Spinach	612 g	390	0	0	0	0	0	35	102	4	93	2
Strawberry Mint	612 g	290	5	0.5	0	0	0	20	74	4	68	1
Tamarindo	612 g	380	0	0	0	0	0	40	100	4	83	2
Watermelon Mint	612 g	300	0	0	0	0	0	15	77	1	73	2
AGUA FRESCAS 44 oz												
Banana with Strawberry	794 g	630	100	11	6	0	30	140	127	6	106	12
Cantaloupe	794 g	450	0	0.5	0	0	0	65	113	3	112	2
Guava with Blueberry	794 g	480	15	1.5	0	0	0	25	116	8	106	4
Horchata	794 g	730	140	16	9	0	55	220	130	0	111	17
Jamaica	794 g	500	0	0	0	0	0	35	118	3	112	5
Lemonade with Organic Agave	794 g	350	0	0	0	0	0	25	95	1	89	1
Lime, Chia, Strawberry, Cucumber, Mint	794 g	650	180	20	2	0	0	35	116	24	81	12

MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Mamey	794 g	710	120	13	7	0	40	190	136	13	123	15
Mango with Mint	794 g	500	10	1	0	0	0	25	128	4	125	2
Mixed Fruit	794 g	420	0	0.5	0	0	0	40	108	3	102	2
Papaya with Organic Agave	794 g	420	5	0.5	0	0	0	35	111	4	104	1
Pineapple Spinach	794 g	510	0	0.5	0	0	0	50	132	5	121	3
Strawberry Mint	794 g	380	5	1	0	0	0	25	97	5	89	2
Tamarindo	794 g	500	5	0.5	0	0	0	50	130	5	107	3
Watermelon Mint	794 g	390	0	0.5	0	0	0	20	100	2	95	2
AGUA FRESCAS 72 oz												
Banana with Strawberry	1,474 g	1,170	180	20	11	0	60	270	235	12	197	23
Cantaloupe	1,474 g	830	10	1	0	0	0	125	210	5	208	4
Guava with Blueberry	1,474 g	880	25	2.5	0.5	0	0	45	216	15	197	7
Horchata	1,474 g	1,350	260	29	18	0	100	410	241	1	206	31
Jamaica	1,474 g	930	0	0	0	0	0	65	220	5	208	9
Lemonade with Organic Agave	1,474 g	650	0	0.5	0	0	0	45	176	2	164	1
Lime, Chia, Strawberry, Cucumber, Mint	1,474 g	1,210	330	37	4	0	0	65	215	44	150	22
Mamey	1,474 g	1,330	220	24	14	0	75	350	252	24	229	28
Mango with Mint	1,474 g	930	15	1.5	0	0	0	45	238	7	231	4
Mixed Fruit	1,474 g	780	10	1	0	0	0	75	200	6	190	4
Papaya with Organic Agave	1,474 g	780	10	1	0	0	0	65	206	7	193	2
Pineapple Spinach	1,474 g	950	10	1	0	0	0	90	245	9	224	5
Strawberry Mint	1,474 g	710	15	1.5	0	0	0	45	179	10	165	3
Tamarindo	1,474 g	930	10	1	0	0	0	95	240	9	199	5
Watermelon Mint	1,474 g	730	10	1	0	0	0	40	186	3	177	4
A LA CARTE												
BURRITO WITH MEAT												
Burrito Al Pastor	374 g	630	200	23	9	0	40	13,190	80	6	4	23
Burrito Asada	374 g	640	210	24	10	0	55	6,620	76	5	2	28
Burrito Birria Res	374 g	540	150	17	7	0	20	1,540	77	5	2	18
Burrito Cabeza	374 g	590	190	21	9	0	40	1,420	76	5	2	20
Burrito Chicharron	374 g	960	460	51	20	0	100	1,900	76	5	2	46
Burrito Chorizo	374 g	630	210	23	9	0	55	2,910	76	5	2	28
Burrito Lengua	374 g	570	170	19	8	0	35	1,400	78	5	2	19
Burrito Pollo	374 g	660	240	27	9	0	70	1,600	78	5	2	24
Burrito Tripas	374 g	520	130	15	6	0	55	1,290	76	5	2	18
BURRITO WITH MEAT (WET W/ RED SAUCE)												
Burrito Wet Red Al Pastor	502 g	800	300	34	16	0	75	13,980	89	6	11	30
Burrito Wet Red Asada	502 g	810	310	35	17	0	90	7,350	85	6	8	36
Burrito Wet Red Birras Res	502 g	710	250	28	14	0	55	2,270	86	6	9	26
Burrito Wet Red Cabeza	502 g	760	290	32	16	0	75	2,150	85	6	8	28

MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Burrito Wet Red Carnitas	502 g	910	360	40	19	0	150	2,290	86	6	8	49
Burrito Wet Red Chicharron	502 g	1,130	560	62	27	0	135	2,630	85	6	8	54
Burrito Wet Red Chorizo	502 g	810	310	34	16	0	85	3,640	85	6	8	36
Burrito Wet Red Lengua	502 g	740	270	30	15	0	70	2,130	87	6	8	27
Burrito Wet Red Pollo	502 g	840	340	38	16	0	100	2,340	87	6	9	32
Burrito Wet Red Tripas	502 g	700	230	25	13	0	125	2,000	85	6	8	29
BURRITO WITH MEAT (WET W/ GREEN SAUCE)												
Burrito Wet Green Al Pastor	502 g	780	310	34	16	0	75	13,880	85	7	7	31
Burrito Wet Green Asada	502 g	790	320	35	17	0	90	7,310	81	6	4	36
Burrito Wet Green Birras Res	502 g	690	250	28	14	0	55	2,230	82	6	5	26
Burrito Wet Green Cabeza	502 g	740	290	33	16	0	75	2,110	81	6	4	28
Burrito Wet Green Carnitas	502 g	890	360	41	19	0	150	2,240	82	6	4	49
Burrito Wet Green Chicharron	502 g	1,110	560	63	27	0	135	2,590	81	6	4	54
Burrito Wet Green Chorizo	502 g	790	310	34	16	0	85	3,600	81	6	4	36
Burrito Wet Green Lengua	502 g	720	270	30	15	0	70	2,090	83	6	4	27
Burrito Wet Green Pollo	502 g	820	340	38	16	0	100	2,300	83	6	5	32
Burrito Wet Green Tripas	502 g	680	230	26	13	0	90	1,990	81	6	4	26
MISC.												
Chile Relleno	539 g	820	490	55	20	0	340	1,260	47	12	10	32
Fried Tilapia	1 Tilapia (Wt Varies)	780	420	46	10	0	320	780	3	0	0	84
PUPUSA												
Pupusa w/ Cheese & Loroco	369 g	590	310	35	21	0	95	970	37	5	3	31
Pupusa w/ Chicharron	369 g	630	340	37	14	0	90	1,240	38	6	5	35
Pupusa Mixta	369 g	610	330	36	17	0	90	1,110	38	6	4	33
QUESADILLA REG & WITH MEAT												
Quesadilla Regular	224 g	590	310	35	21	0	80	1,010	41	2	2	27
Quesadilla de Al Pastor	309 g	730	400	44	24	0	115	12,960	45	2	5	37
Quesadilla de Asada	309 g	750	410	45	25	0	130	6,390	41	2	2	42
Quesadilla de Birras Res	309 g	650	340	38	22	0	95	1,310	42	2	2	32
Quesadilla de Cabeza	309 g	690	390	43	24	0	115	1,190	42	2	2	34
Quesadilla de Chicharron	309 g	1,070	660	73	35	0	175	1,670	41	2	2	61
Quesadilla de Chorizo	309 g	740	400	45	24	0	130	2,680	41	2	2	42
Quesadilla de Pollo	309 g	770	440	48	24	0	145	1,380	43	2	2	39
Quesadilla de Tripas	309 g	630	330	36	21	0	135	1,070	42	2	2	33
QUESA TACO												
Quesa Taco Al Pastor	90.7 g	260	160	18	7	0	35	4,140	14	0	1	11
Quesa Taco Asada	90.7 g	260	160	18	7	0	40	1,950	12	0	0	13
Quesa Taco Birras Res	90.7 g	230	140	15	6	0	30	250	13	0	0	10

MENU BOARD NUTRITIONAL PAMPHLETS

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Quesa Taco Cabeza	90.7 g	250	150	17	7	0	35	210	13	0	0	10
Quesa Taco Chicharron	90.7 g	370	240	27	11	0	60	370	12	0	0	19
Quesa Taco Chorizo	90.7 g	280	180	20	8	0	40	300	13	0	0	13
Quesa Taco Lengua	90.7 g	240	150	16	7	0	35	210	13	0	0	10
Quesa Taco Pollo	90.7 g	270	170	19	7	0	45	270	13	0	0	12
Quesa Taco Tripas	90.7 g	230	130	15	6	0	55	160	12	0	0	11
TACO LARGE												
Taco Large Al Pastor	117 g	240	90	10	2.5	0	25	7,970	27	0	2	9
Taco Large Asada	117 g	250	100	11	3.5	0	35	3,590	25	0	0	12
Taco Large Birras Res	117 g	180	50	6	1.5	0	10	200	25	0	0	6
Taco Large Cabeza	117 g	210	80	9	2.5	0	25	125	25	0	0	7
Taco Large Chicharron	117 g	460	260	29	10	0	65	440	25	0	0	25
Taco Large Chorizo	117 g	240	90	10	2.5	0	35	1,120	25	0	0	12
Taco Large Lengua	117 g	200	70	7	2	0	20	110	26	0	0	6
Taco Large Pollo	117 g	260	110	13	2.5	0	45	250	26	0	0	10
Taco Large Tripas	117 g	170	40	4.5	0.5	0	35	40	25	0	0	6
TACO SMALL												
Taco Small Al Pastor	67 g	140	50	6	1.5	0	10	3,980	17	0	1	5
Taco Small Asada	67 g	150	50	6	1.5	0	15	1,800	16	0	0	7
Taco Small Birras Res	67 g	110	30	3.5	0.5	0	5	100	16	0	0	3
Taco Small Cabeza	67 g	130	45	5	1.5	0	10	60	16	0	0	4
Taco Small Chicharron	67 g	250	140	15	5	0	35	220	16	0	0	13
Taco Small Chorizo	67 g	140	50	6	1.5	0	15	560	16	0	0	7
Taco Small Lengua	67 g	120	40	4.5	1	0	10	55	16	0	0	3
Taco Small Pollo	67 g	150	60	7	1	0	20	125	17	0	0	5
Taco Small Tripas	67 g	110	25	3	0	0	20	20	16	0	0	3
TORTA												
Torta Al Pastor	479 g	690	310	34	14	0	80	13,440	64	7	11	31
Torta de Asada	479 g	700	310	35	15	0	95	6,880	60	6	8	36
Torta de Birras Res	479 g	670	320	36	13	0	65	1,600	59	7	8	27
Torta de Cabeza	479 g	710	360	40	15	0	80	1,650	60	6	8	28
Torta de Chicharron	479 g	1,090	630	70	26	0	145	2,130	59	6	8	55
Torta de Chorizo	479 g	760	370	42	15	0	95	3,140	59	6	8	36
Torta de Pollo	479 g	790	410	46	15	0	110	1,830	61	7	8	33
Torta de Tripas	479 g	580	230	26	11	0	100	1,550	60	6	8	27
Torta Cubana	646 g	1,270	690	77	20	0	180	14,160	85	10	16	59
BREAKFAST												
Breakfast Burrito with Eggs & Chorizo	531 g	980	480	53	16	0	385	3,850	78	5	3	44
Breakfast Burrito with Eggs & Ham	531 g	900	390	44	13	0	350	2,860	86	5	5	38
Breakfast Burrito with Eggs & Potatoes	531 g	1,020	450	50	13	0	320	2,140	111	8	3	28
Breakfast Burrito with Eggs, Mexican Style	531 g	800	360	40	12	0	320	2,040	84	7	7	25

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MENU BOARD NUTRITIONAL PAMPHLETS

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Chilaquiles with Eggs & Green Salsa	695 g	1,200	570	63	24	0	355	2,540	121	14	8	38
Chilaquiles with Eggs & Red Salsa	695 g	1,250	560	62	24	0	355	2,660	132	13	20	38
Eggs with Chorizo (with Rice, Beans & Tortillas)	567 g	1,010	440	48	14	0	390	3,120	94	5	3	45
Eggs with Ham (with Rice, Beans & Tortillas)	539 g	900	340	38	10	0	345	2,040	100	5	4	36
Eggs, Mexican Style (with Rice, Beans & Tortillas)	567 g	840	320	35	10	0	325	1,310	100	6	6	26
Eggs, Ranchero Style (with Rice, Beans & Tortillas)	567 g	930	360	40	11	0	465	1,560	108	5	3	31
Eggs, Scrambled (with Rice, Beans & Tortillas)	454 g	810	320	35	10	0	325	1,110	94	5	3	25
Eggs, Sunny Side Up (with Rice, Beans & Tortillas)	454 g	860	360	39	11	0	465	1,180	93	5	1	29
COMBOS												
#1 (3) Tacos Al Pastor	417 g	710	210	24	8	0	45	12,670	96	5	4	24
#1 (3) Tacos Asada	417 g	720	220	25	9	0	60	6,110	92	5	1	29
#1 (3) Tacos Birria Res	417 g	620	160	18	6	0	25	1,030	93	5	2	19
#1 (3) Tacos Cabeza	417 g	670	200	22	7	0	45	900	92	5	1	21
#1 (3) Tacos Chicharron	417 g	1,040	470	52	19	0	105	1,390	92	5	1	47
#1 (3) Tacos Chorizo	417 g	710	220	24	7	0	60	2,400	92	5	1	29
#1 (3) Tacos Lengua	417 g	650	180	20	7	0	40	890	94	5	1	20
#1 (3) Tacos Pollo	417 g	740	250	28	7	0	75	1,090	94	5	2	25
#1 (3) Tacos Tripas	417 g	600	140	16	4.5	0	60	780	92	5	1	19
#2 Quesadilla Al Pastor	522 g	1,020	470	53	28	0	125	13,680	88	7	6	46
#2 Quesadilla de Asada	522 g	1,040	480	54	29	0	140	7,110	84	6	3	51
#2 Quesadilla de Birras Res	522 g	940	420	47	26	0	105	2,030	85	6	3	41
#2 Quesadilla de Cabeza	522 g	980	460	51	28	0	125	1,910	85	6	3	43
#2 Quesadilla de Chicharron	522 g	1,360	730	81	39	0	185	2,390	84	6	3	70
#2 Quesadilla de Chorizo	522 g	1,030	480	53	28	0	135	3,400	84	6	3	51
#2 Quesadilla de Pollo	522 g	1,060	510	57	28	0	150	2,100	86	6	3	48
#2 Quesadilla de Tripas	522 g	920	400	45	25	0	140	1,790	85	6	3	42
#3 Birras de Res	666 g	740	210	23	10	0	75	1,940	96	5	4	34
#3 Birria Carnero	666 g	640	100	11	4.5	0	70	2,100	94	5	3	36
#4 Costillas in Green Sauce	666 g	1,030	360	40	15	0	200	2,620	99	7	4	63
#4 Costillas in Red Sauce	666 g	1,050	360	40	15	0	200	2,420	107	6	12	63
#5 Chicharron in Green Sauce	666 g	1,100	460	51	20	0	120	3,160	99	7	5	52
#5 Chicharron in Red Sauce	666 g	1,130	460	51	20	0	120	2,870	110	5	17	51
#6 Chile Relleno	865 g	1,330	570	63	24	0	350	2,140	138	16	11	46
#7 Carne Asada	595 g	930	340	37	15	0	125	13,260	95	6	2	48
#8 Half Rotisserie Chicken	780 g	1,310	450	50	20	0	435	2,430	92	5	1	120

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#9 Fried Tilapia	673 g	1,330	520	57	16	0	340	1,520	97	5	2	99
#10 Leg & Thigh (Rotiserrie)	503 g	830	220	25	3.5	0	175	1,390	92	5	1	55
#11 Asada Fries	765 g	1,540	770	86	31	0	145	8,470	140	16	4	51
#11 Al Pastor Fries	765 g	1,520	770	85	30	0	130	15,040	144	16	7	46
#12 Nachos Asada	610 g	1,370	670	75	37	0	150	6,330	119	17	5	54
#12 Nachos Al Pastor	610 g	1,360	660	74	36	0	140	12,900	123	18	8	49
#12 Nachos Birria Res	610 g	1,270	610	68	35	0	120	1,250	120	17	5	44
#12 Nachos Cabeza	610 g	1,320	650	72	36	0	135	1,130	119	17	5	46
#12 Nachos Chicharron	610 g	1,690	920	102	47	0	200	1,610	119	17	5	73
#12 Nachos Chorizo	610 g	1,370	670	74	36	0	150	2,620	119	17	5	54
#12 Nachos Pollo	610 g	1,390	700	78	36	0	165	1,310	121	17	5	51
#12 Nachos Tripas	610 g	1,250	590	66	34	0	155	1,000	119	17	5	45
FOUNTAIN DRINKS (No Ice. Adding Ice will decrease calories)												
Coca Cola 16 oz	16 fl oz	200	0	0	0	0	0	50	53	0	53	0
Coca Cola 24 oz	24 fl oz	290	0	0	0	0	0	70	80	0	80	0
Coca Cola 32 oz	32 fl oz	390	0	0	0	0	0	95	107	0	107	0
Coca Cola Zero 16 oz	16 fl oz	0	0	0	0	0	0	55	0	0	0	0
Coca Cola Zero 24 oz	24 fl oz	0	0	0	0	0	0	80	0	0	0	0
Coca Cola Zero 32 oz	32 fl oz	0	0	0	0	0	0	105	0	0	0	0
Diet Coke 16 oz	16 fl oz	0	0	0	0	0	0	65	0	0	0	0
Diet Coke 24 oz	24 fl oz	0	0	0	0	0	0	100	<1	0	0	0
Diet Coke 32 oz	32 fl oz	0	0	0	0	0	0	130	<1	0	0	0
Cherry Coca Cola 16 oz	16 fl oz	210	0	0	0	0	0	55	56	0	56	0
Cherry Coca Cola 24 oz	24 fl oz	310	0	0	0	0	0	80	84	0	84	0
Cherry Coca Cola 32 oz	32 fl oz	410	0	0	0	0	0	110	112	0	112	0
Dr. Pepper 16 oz	16 fl oz	200	0	0	0	0	0	80	53	0	51	0
Dr. Pepper 24 oz	24 fl oz	300	0	0	0	0	0	120	79	0	77	0
Dr. Pepper 32 oz	32 fl oz	400	0	0	0	0	0	160	105	0	102	0
Fanta Orange 16 oz	16 fl oz	210	0	0	0	0	0	55	58	0	57	0
Fanta Orange 24 oz	24 fl oz	320	0	0	0	0	0	80	87	0	86	0
Fanta Orange 32 oz	32 fl oz	420	0	0	0	0	0	105	116	0	114	0
Minute Maid Lemonade 16 oz	16 fl oz	180	0	0	0	0	0	130	50	0	48	0
Minute Maid Lemonade 24 oz	24 fl oz	270	0	0	0	0	0	190	76	0	72	0
Minute Maid Lemonade 32 oz	32 fl oz	360	0	0	0	0	0	260	101	0	96	0
Sprite 16 oz	16 fl oz	190	0	0	0	0	0	90	51	0	51	0
Sprite 24 oz	24 fl oz	280	0	0	0	0	0	135	77	0	76	0
Sprite 32 oz	32 fl oz	380	0	0	0	0	0	180	103	0	102	0
Hot Beverages												
Atole 12 oz	367 g	340	70	8	4.5	0	25	230	61	1	44	9

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Atole 16 oz	499 g	460	100	11	6	0	30	320	82	2	60	12
Atole 24 oz	735 g	680	150	16	9	0	45	470	121	2	88	18
Atole 32 oz	970 g	900	190	22	12	0	65	620	160	3	116	24
Atole 72 oz	2,250 g	2,090	450	50	27	0	145	1,430	371	7	269	55
Atole 96 oz	2,944 g	2,740	590	65	36	0	190	1,870	486	10	352	72
Avena 12oz	367 g	380	90	10	5	0	30	125	60	2	49	12
Avena 16 oz	499 g	510	130	14	7	0	40	170	82	3	67	16
Avena 24 oz	735 g	750	190	21	11	0	55	250	121	4	98	24
Avena 32 oz	975 g	1,000	250	28	14	0	75	330	160	5	131	31
Avena 72 oz	2,250 g	2,300	570	64	33	0	170	760	370	12	301	72
Avena 96 oz	2,939 g	3,010	750	83	43	0	225	990	483	16	394	95
Café de Olla 12 oz	340 g	140	0	0	0	0	0	15	36	0	36	0
Café de Olla 16 oz	454 g	180	0	0	0	0	0	20	49	0	48	0
Café de Olla 24 oz	680 g	270	0	0	0	0	0	30	73	0	72	0
Café de Olla 32 oz	907 g	360	0	0	0	0	0	40	97	1	96	0
Café de Olla 72 oz	2,045 g	820	0	0	0	0	0	85	219	1	217	0
Café de Olla 96 oz	2,722 g	1,090	0	0	0	0	0	115	292	2	289	0
Champurrado 12 oz	362 g	350	80	9	5	0	25	100	61	1	48	9
Champurrado 16 oz	494 g	480	110	13	7	0	30	140	83	1	66	12
Champurrado 24 oz	725 g	710	170	19	11	0	45	200	122	1	97	17
Champurrado 32 oz	979 g	960	230	25	14	0	60	280	165	2	131	23
Champurrado 72 oz	2,230 g	2,180	510	57	32	0	140	630	375	4	299	52
Champurrado 96 oz	2,948 g	2,880	680	75	43	0	185	830	496	6	395	69
Coffee, Reg & Decaf 12 oz	372 g	4	0	0	0	0	0	0	0	0	0	0
Coffee, Reg & Decaf 16 oz	496 g	5	0	0	0	0	0	0	0	0	0	0
Coffee, Reg & Decaf 24 oz	744 g	9	0	0	0	0	0	0	0	0	0	0
Coffee, Reg & Decaf 32 oz	992 g	10	0	0	0	0	0	0	0	0	0	0
Coffee, Reg & Decaf 96 oz	2,976 g	32	0	0	0	0	0	0	0	0	0	0
Chamomile Tea 16 oz	496 g	4	0	0	0	0	0	0	0	0	0	0
Green Tea 16 oz	496 g	4	0	0	0	0	0	0	0	0	0	0
Lemon Tea 16 oz	496 g	4	0	0	0	0	0	0	0	0	0	0
ISLA												
Birthday Cake Ice Cream	1 Scoop (in Cup)	120	45	3.5	2	0	5	40	19	0	15	2
Butter Pecan Ice Cream	1 Scoop (in Cup)	150	80	9	4	0	20	75	16	1	14	2
Chocolate Chip Ice Cream	1 Scoop (in Cup)	160	70	8	6	0	20	45	19	0	16	2
Chocolate Ice Cream	1 Scoop (in Cup)	140	60	7	4	0	25	35	17	1	15	3

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Coffee Ice Cream	1 Scoop (in Cup)	140	60	7	4	0	25	35	16	0	14	2
Cookie Dough Ice Cream	1 Scoop (in Cup)	160	70	8	4.5	0	20	50	21	0	16	2
Cookies & Cream Ice Cream	1 Scoop (in Cup)	150	60	7	4	0	20	60	19	0	14	2
Mint Chocolate Chip Ice Cream	1 Scoop (in Cup)	160	70	8	6	0	20	45	19	0	16	2
Mocha Almond Fudge Ice Cream	1 Scoop (in Cup)	160	70	8	4	0	20	60	19	1	15	3
Neopolitan Ice Cream	1 Scoop (in Cup)	130	50	6	4	0	20	35	16	0	14	2
Rainbow Sherbet	1 Scoop (in Cup)	130	10	1	0.5	0	5	25	29	0	22	1
Rocky Road Ice Cream	1 Scoop (in Cup)	160	70	8	4	0	25	60	20	1	15	3
Strawberry Ice Cream	1 Scoop (in Cup)	120	45	5	3	0	20	30	16	0	14	2
Vanilla Ice Cream	1 Scoop (in Cup)	140	60	7	4	0	25	35	15	14	0	2
Birthday Cake Ice Cream	2 Scoops (in Cup)	240	90	7	4	0	10	80	38	0	30	4
Butter Pecan Ice Cream	2 Scoops (in Cup)	300	160	18	8	0	40	150	32	2	28	4
Chocolate Chip Ice Cream	2 Scoops (in Cup)	320	140	16	12	0	40	90	38	0	32	4
Chocolate Ice Cream	2 Scoops (in Cup)	280	120	14	8	0	50	70	34	2	30	6
Coffee Ice Cream	2 Scoops (in Cup)	280	120	14	8	0	50	70	32	0	28	4
Cookie Dough Ice Cream	2 Scoops (in Cup)	320	140	16	9	0	40	100	42	0	32	4
Cookies & Cream Ice Cream	2 Scoops (in Cup)	300	120	14	8	0	40	120	38	0	28	4
Mint Chocolate Chip Ice Cream	2 Scoops (in Cup)	320	140	16	12	0	40	90	38	0	32	4
Mocha Almond Fudge Ice Cream	2 Scoops (in Cup)	320	140	16	4	0	40	120	38	2	30	6
Neopolitan Ice Cream	2 Scoops (in Cup)	260	100	12	8	0	40	70	32	0	28	4

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Rainbow Sherbet	2 Scoops (in Cup)	260	20	2	1	0	10	50	58	0	44	2
Rocky Road Ice Cream	2 Scoops (in Cup)	320	140	16	8	0	50	120	40	2	30	6
Strawberry Ice Cream	2 Scoops (in Cup)	240	90	10	6	0	40	60	32	0	28	4
Vanilla Ice Cream	2 Scoops (in Cup)	280	120	14	8	0	50	70	30	28	0	4
Birthday Cake Ice Cream	3 Scoops (in Cup)	360	135	10.5	6	0	15	120	57	0	45	6
Butter Pecan Ice Cream	3 Scoops (in Cup)	450	240	27	12	0	60	225	48	3	42	6
Chocolate Chip Ice Cream	3 Scoops (in Cup)	480	210	24	18	0	60	135	57	0	48	6
Chocolate Ice Cream	3 Scoops (in Cup)	420	180	21	12	0	75	105	51	3	45	9
Coffee Ice Cream	3 Scoops (in Cup)	420	180	21	12	0	75	105	48	0	42	6
Cookie Dough Ice Cream	3 Scoops (in Cup)	480	210	24	13.5	0	60	150	63	0	48	6
Cookies & Cream Ice Cream	3 Scoops (in Cup)	450	180	21	12	0	60	180	57	0	42	6
Mint Chocolate Chip Ice Cream	3 Scoops (in Cup)	480	210	24	18	0	60	135	57	0	48	6
Mocha Almond Fudge Ice Cream	3 Scoops (in Cup)	480	210	24	12	0	60	180	57	3	45	9
Neopolitan Ice Cream	3 Scoops (in Cup)	390	150	18	12	0	60	105	48	0	42	6
Rainbow Sherbet	3 Scoops (in Cup)	390	30	3	1.5	0	15	75	87	0	66	3
Rocky Road Ice Cream	3 Scoops (in Cup)	480	210	24	12	0	75	180	60	3	45	9
Strawberry Ice Cream	3 Scoops (in Cup)	360	135	15	9	0	60	90	48	0	42	6
Vanilla Ice Cream	3 Scoops (in Cup)	420	180	21	12	0	75	105	45	42	0	6
Birthday Cake Ice Cream	1 Scoop (in Waffle Cone)	200	45	3.5	2	0	5	40	19	0	15	2

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Butter Pecan Ice Cream	1 Scoop (in Waffle Cone)	230	80	9	4	0	20	75	16	1	14	2
Chocolate Chip Ice Cream	1 Scoop (in Waffle Cone)	240	70	8	6	0	20	45	19	0	16	2
Chocolate Ice Cream	1 Scoop (in Waffle Cone)	220	60	7	4	0	25	35	17	1	15	3
Coffee Ice Cream	1 Scoop (in Waffle Cone)	220	60	7	4	0	25	35	16	0	14	2
Cookie Dough Ice Cream	1 Scoop (in Waffle Cone)	240	70	8	4.5	0	20	50	21	0	16	2
Cookies & Cream Ice Cream	1 Scoop (in Waffle Cone)	230	60	7	4	0	20	60	19	0	14	2
Mint Chocolate Chip Ice Cream	1 Scoop (in Waffle Cone)	240	70	8	6	0	20	45	19	0	16	2
Mocha Almond Fudge Ice Cream	1 Scoop (in Waffle Cone)	240	70	8	4	0	20	60	19	1	15	3
Neopolitan Ice Cream	1 Scoop (in Waffle Cone)	210	50	6	4	0	20	35	16	0	14	2
Rainbow Sherbet	1 Scoop (in Waffle Cone)	210	10	1	0.5	0	5	25	29	0	22	1
Rocky Road Ice Cream	1 Scoop (in Waffle Cone)	240	70	8	4	0	25	60	20	1	15	3
Strawberry Ice Cream	1 Scoop (in Waffle Cone)	200	45	5	3	0	20	30	16	0	14	2
Vanilla Ice Cream	1 Scoop (in Waffle Cone)	220	60	7	4	0	25	35	15	14	0	2

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Birthday Cake Ice Cream	2 Scoops (in Waffle Cone)	320	90	7	4	0	10	80	38	0	30	4
Butter Pecan Ice Cream	2 Scoops (in Waffle Cone)	380	160	18	8	0	40	150	32	2	28	4
Chocolate Chip Ice Cream	2 Scoops (in Waffle Cone)	400	140	16	12	0	40	90	38	0	32	4
Chocolate Ice Cream	2 Scoops (in Waffle Cone)	360	120	14	8	0	50	70	34	2	30	6
Coffee Ice Cream	2 Scoops (in Waffle Cone)	360	120	14	8	0	50	70	32	0	28	4
Cookie Dough Ice Cream	2 Scoops (in Waffle Cone)	400	140	16	9	0	40	100	42	0	32	4
Cookies & Cream Ice Cream	2 Scoops (in Waffle Cone)	380	120	14	8	0	40	120	38	0	28	4
Mint Chocolate Chip Ice Cream	2 Scoops (in Waffle Cone)	400	140	16	12	0	40	90	38	0	32	4
Mocha Almond Fudge Ice Cream	2 Scoops (in Waffle Cone)	400	140	16	4	0	40	120	38	2	30	6
Neopolitan Ice Cream	2 Scoops (in Waffle Cone)	340	100	12	8	0	40	70	32	0	28	4
Rainbow Sherbet	2 Scoops (in Waffle Cone)	340	20	2	1	0	10	50	58	0	44	2
Rocky Road Ice Cream	2 Scoops (in Waffle Cone)	400	140	16	8	0	50	120	40	2	30	6
Strawberry Ice Cream	2 Scoops (in Waffle Cone)	320	90	10	6	0	40	60	32	0	28	4

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Vanilla Ice Cream	2 Scoops (in Waffle Cone)	360	120	14	8	0	50	70	30	28	0	4
Birthday Cake Ice Cream	3 Scoops (in Waffle Cone)	440	135	10.5	6	0	15	120	57	0	45	6
Butter Pecan Ice Cream	3 Scoops (in Waffle Cone)	530	240	27	12	0	60	225	48	3	42	6
Chocolate Chip Ice Cream	3 Scoops (in Waffle Cone)	560	210	24	18	0	60	135	57	0	48	6
Chocolate Ice Cream	3 Scoops (in Waffle Cone)	500	180	21	12	0	75	105	51	3	45	9
Coffee Ice Cream	3 Scoops (in Waffle Cone)	500	180	21	12	0	75	105	48	0	42	6
Cookie Dough Ice Cream	3 Scoops (in Waffle Cone)	560	210	24	13.5	0	60	150	63	0	48	6
Cookies & Cream Ice Cream	3 Scoops (in Waffle Cone)	530	180	21	12	0	60	180	57	0	42	6
Mint Chocolate Chip Ice Cream	3 Scoops (in Waffle Cone)	560	210	24	18	0	60	135	57	0	48	6
Mocha Almond Fudge Ice Cream	3 Scoops (in Waffle Cone)	560	210	24	12	0	60	180	57	3	45	9
Neopolitan Ice Cream	3 Scoops (in Waffle Cone)	470	150	18	12	0	60	105	48	0	42	6
Rainbow Sherbet	3 Scoops (in Waffle Cone)	470	30	3	1.5	0	15	75	87	0	66	3
Rocky Road Ice Cream	3 Scoops (in Waffle Cone)	560	210	24	12	0	75	180	60	3	45	9

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Strawberry Ice Cream	3 Scoops (in Waffle Cone)	440	135	15	9	0	60	90	48	0	42	6
Vanilla Ice Cream	3 Scoops (in Waffle Cone)	500	180	21	12	0	75	105	45	42	0	6
Birthday Cake Ice Cream	1 Scoop (in Cake Cone)	140	45	3.5	2	0	5	40	19	0	15	2
Butter Pecan Ice Cream	1 Scoop (in Cake Cone)	170	80	9	4	0	20	75	16	1	14	2
Chocolate Chip Ice Cream	1 Scoop (in Cake Cone)	180	70	8	6	0	20	45	19	0	16	2
Chocolate Ice Cream	1 Scoop (in Cake Cone)	160	60	7	4	0	25	35	17	1	15	3
Coffee Ice Cream	1 Scoop (in Cake Cone)	160	60	7	4	0	25	35	16	0	14	2
Cookie Dough Ice Cream	1 Scoop (in Cake Cone)	180	70	8	4.5	0	20	50	21	0	16	2
Cookies & Cream Ice Cream	1 Scoop (in Cake Cone)	170	60	7	4	0	20	60	19	0	14	2
Mint Chocolate Chip Ice Cream	1 Scoop (in Cake Cone)	180	70	8	6	0	20	45	19	0	16	2
Mocha Almond Fudge Ice Cream	1 Scoop (in Cake Cone)	180	70	8	4	0	20	60	19	1	15	3
Neopolitan Ice Cream	1 Scoop (in Cake Cone)	150	50	6	4	0	20	35	16	0	14	2
Rainbow Sherbet	1 Scoop (in Cake Cone)	150	10	1	0.5	0	5	25	29	0	22	1

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Rocky Road Ice Cream	1 Scoop (in Cake Cone)	180	70	8	4	0	25	60	20	1	15	3
Strawberry Ice Cream	1 Scoop (in Cake Cone)	140	45	5	3	0	20	30	16	0	14	2
Vanilla Ice Cream	1 Scoop (in Cake Cone)	160	60	7	4	0	25	35	15	14	0	2
Birthday Cake Ice Cream	2 Scoops (in Cake Cone)	260	90	7	4	0	10	80	38	0	30	4
Butter Pecan Ice Cream	2 Scoops (in Cake Cone)	320	160	18	8	0	40	150	32	2	28	4
Chocolate Chip Ice Cream	2 Scoops (in Cake Cone)	340	140	16	12	0	40	90	38	0	32	4
Chocolate Ice Cream	2 Scoops (in Cake Cone)	300	120	14	8	0	50	70	34	2	30	6
Coffee Ice Cream	2 Scoops (in Cake Cone)	300	120	14	8	0	50	70	32	0	28	4
Cookie Dough Ice Cream	2 Scoops (in Cake Cone)	340	140	16	9	0	40	100	42	0	32	4
Cookies & Cream Ice Cream	2 Scoops (in Cake Cone)	320	120	14	8	0	40	120	38	0	28	4
Mint Chocolate Chip Ice Cream	2 Scoops (in Cake Cone)	340	140	16	12	0	40	90	38	0	32	4
Mocha Almond Fudge Ice Cream	2 Scoops (in Cake Cone)	340	140	16	4	0	40	120	38	2	30	6
Neopolitan Ice Cream	2 Scoops (in Cake Cone)	280	100	12	8	0	40	70	32	0	28	4

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Rainbow Sherbet	2 Scoops (in Cake Cone)	280	20	2	1	0	10	50	58	0	44	2
Rocky Road Ice Cream	2 Scoops (in Cake Cone)	340	140	16	8	0	50	120	40	2	30	6
Strawberry Ice Cream	2 Scoops (in Cake Cone)	260	90	10	6	0	40	60	32	0	28	4
Vanilla Ice Cream	2 Scoops (in Cake Cone)	300	120	14	8	0	50	70	30	28	0	4
Birthday Cake Ice Cream	3 Scoops (in Cake Cone)	380	135	10.5	6	0	15	120	57	0	45	6
Butter Pecan Ice Cream	3 Scoops (in Cake Cone)	470	240	27	12	0	60	225	48	3	42	6
Chocolate Chip Ice Cream	3 Scoops (in Cake Cone)	500	210	24	18	0	60	135	57	0	48	6
Chocolate Ice Cream	3 Scoops (in Cake Cone)	440	180	21	12	0	75	105	51	3	45	9
Coffee Ice Cream	3 Scoops (in Cake Cone)	440	180	21	12	0	75	105	48	0	42	6
Cookie Dough Ice Cream	3 Scoops (in Cake Cone)	500	210	24	13.5	0	60	150	63	0	48	6
Cookies & Cream Ice Cream	3 Scoops (in Cake Cone)	470	180	21	12	0	60	180	57	0	42	6
Mint Chocolate Chip Ice Cream	3 Scoops (in Cake Cone)	500	210	24	18	0	60	135	57	0	48	6
Mocha Almond Fudge Ice Cream	3 Scoops (in Cake Cone)	500	210	24	12	0	60	180	57	3	45	9

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Neopolitan Ice Cream	3 Scoops (in Cake Cone)	410	150	18	12	0	60	105	48	0	42	6
Rainbow Sherbet	3 Scoops (in Cake Cone)	410	30	3	1.5	0	15	75	87	0	66	3
Rocky Road Ice Cream	3 Scoops (in Cake Cone)	500	210	24	12	0	75	180	60	3	45	9
Strawberry Ice Cream	3 Scoops (in Cake Cone)	380	135	15	9	0	60	90	48	0	42	6
Vanilla Ice Cream	3 Scoops (in Cake Cone)	440	180	21	12	0	75	105	45	42	0	6
Mangoneada	402 g	650	60	7	1	0	0	1,790	148	5	107	2
Paletas												
Tostilocos	383 g	860	370	41	9	0	20	2,120	92	9	14	29
JUICES												
Energy 16 oz	454 g	190	10	1	0	0	0	180	44	8	29	4
Energy 24 oz	680 g	280	10	1.5	0	0	0	270	65	12	44	6
Energy 32 oz	907 g	370	15	2	0	0	0	360	87	16	59	8
Green 16 oz	454 g	170	5	0.5	0	0	0	90	42	5	34	3
Green 24 oz	680 g	260	10	1	0	0	0	135	63	7	50	4
Green 32 oz	907 g	340	10	1.5	0	0	0	180	84	9	67	6
Popeye 16 oz	454 g	190	10	1	0	0	0	95	43	6	31	3
Popeye 24 oz	680 g	280	10	1.5	0	0	0	140	64	8	47	5
Popeye 32 oz	907 g	370	15	2	0	0	0	190	85	11	63	6
Vallarta 16 oz	454 g	210	10	1	0	0	0	10	52	5	40	3
Vallarta 24 oz	680 g	320	10	1.5	0	0	0	20	78	7	60	4
Vallarta 32 oz	907 g	420	15	1.5	0	0	0	25	105	9	80	5
Vampiro 16 oz	454 g	190	10	1	0	0	0	180	44	9	29	4
Vampiro 24 oz	680 g	290	15	1.5	0	0	0	270	66	14	44	6
Vampiro 32 oz	907 g	390	15	2	0	0	0	360	88	18	58	8
Vitamin C 16 oz	454 g	220	5	0.5	0	0	0	0	53	5	42	2
Vitamin C 24 oz	680 g	330	10	1	0	0	0	5	79	8	63	4
Vitamin C 32 oz	907 g	440	10	1.5	0	0	0	10	105	10	84	5
RICE & BEANS												
Refried Beans Small 8 oz	284 g	380	140	16	6	0	10	500	43	11	2	15
Refried Beans Medium 16 oz	539 g	720	280	31	11	0	20	940	82	20	3	28

MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Refried Beans Large 24 oz	850 g	1,140	430	48	18	0	35	1,490	129	32	5	44
Refried Beans Xlarge 32 oz	1,077 g	1,440	550	61	23	0	45	1,890	163	40	6	56
Refried Beans Medium Charola	2,041 g	2,730	1,040	116	43	0	85	3,570	309	76	11	105
Refried Beans Large Charola	4,082 g	5,460	2,090	232	87	0	170	7,150	618	152	22	211
Mexican Rice Small 8 oz	170 g	250	0	0.5	0	0	0	1,180	53	1	1	5
Mexican Rice Medium 16 oz	340 g	490	10	1	0	0	0	2,360	105	2	2	11
Mexican Rice Large 24 oz	539 g	780	15	1.5	0	0	0	3,730	166	4	3	17
Mexican Rice Xlarge 32 oz	709 g	1,020	20	2	0.5	0	0	4,910	219	5	4	23
Mexican Rice Medium Charola	3,175 g	4,590	90	10	2.5	0	0	22,010	980	22	19	103
Mexican Rice Large Charola	6,350 g	9,170	170	19	5	0	0	44,020	1,960	45	37	205
SOUP												
Beef Meatball Soup 24 oz.	680 g	580	180	20	7	0	125	1,590	64	4	5	31
Beef Meatball Soup 32 oz.	850g	710	250	28	10	0	175	2,120	68	5	6	41
Beef Soup 24 oz.	606 g	720	250	28	10	1.5	140	830	64	3	5	50
Beef Soup 32 oz.	773 g	880	330	37	14	1.5	190	1,110	68	5	6	65
Chicken Meatball Soup 24 oz.	680 g	490	100	11	3	0	145	1,560	63	4	4	30
Chicken Meatball Soup 32 oz.	850 g	590	140	16	4.5	0	205	2,090	67	4	5	39
Chicken Soup 24 oz.	672 g	630	190	21	6	0	155	920	60	4	5	47
Chicken Soup 32 oz.	839 g	770	250	28	8	0	210	1,080	64	6	7	61
Menudo 24 oz.	680 g	680	150	17	9	0	540	2,550	55	0	0	73
Menudo 32 oz.	850 g	820	200	22	11	0	700	3,320	56	0	0	93
Pozole 24 oz.	666 g	950	400	45	14	0	270	1,390	65	5	9	68
Pozole 32 oz.	830 g	1,230	560	62	20	0	380	1,680	68	7	11	93
TAMALES												
Beef 1 Dozen	2,177 g	5,390	2,810	312	122	1.5	430	9,200	536	2	23	84
Cheese 1 Dozen	2,177 g	5,590	2,960	329	136	0	410	9,660	540	14	5	95
Chicken 1 Dozen	2,177 g	5,110	2,660	296	114	0	420	8,510	514	3	2	74
Pork 1 Dozen	2,177 g	5,240	2,650	295	114	0	420	9,230	536	2	23	87
Sweet Corn 1 Dozen	2,041 g	5,040	1,730	192	84	0	60	4,200	780	48	312	48
PARTY PACKS												
Asada Vallarta 1 Chicken w/ Green Salsa & Refried Beans	1,984 g	2,650	790	88	22	0	350	4,830	353	22	23	105
Asada Vallarta 1 Chicken w/ Red Salsa & Refried Beans	1,984 g	2,650	790	88	22	0	350	4,830	353	22	23	105
Asada Vallarta 1 Steak w/ Green Salsa & Refried Beans	1,984 g	2,540	640	71	29	0	280	31,580	343	20	20	122
Asada Vallarta 1 Steak w/ Red Salsa & Refried Beans	1,984 g	2,540	640	71	29	0	280	31,580	343	20	20	122
Asada Vallarta 2 Chicken w/ Green Salsa & Refried Beans	3,941 g	5,280	1,580	175	43	0	700	9,620	703	43	47	209

MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Asada Vallarta 2 Chicken w/ Red Salsa & Refried Beans	3,941 g	5,280	1,580	175	43	0	700	9,620	703	43	47	209
Asada Vallarta 2 Steak w/ Green Salsa & Refried Beans	3,941 g	5,050	1,270	141	57	0	555	63,130	682	40	39	244
Asada Vallarta 2 Steak w/ Red Salsa & Refried Beans	3,941 g	5,050	1,270	141	57	0	555	63,130	682	40	39	244
Cubeta Loca 8 pc w/ Refried Beans	2,070 g	2,930	870	97	8	0	660	6,220	306	16	12	200
Cubeta Loca 16 pc w/ Refried Beans	4,252 g	6,090	1,750	195	16	0.5	1,320	12,470	659	32	23	405
Cubeta Loca 24 pc w/ Refried Beans	6,492 g	9,250	2,680	297	26	1	1,980	19,060	1,004	50	35	610
Fiesta Combo 1 w/ Green Salsa & Refried Beans	4,933 g	6,830	2,160	240	80	0.5	1,485	122,210	714	43	42	456
Fiesta Combo 1 w/ Red Salsa & Refried Beans	4,933 g	6,830	2,160	240	80	0.5	1,485	122,210	714	43	42	456
Fiesta Combo 2 w/ Green Salsa & Refried Beans	9,270 g	12,450	4,310	479	160	1	2,965	24,580	11,166	85	85	880
Fiesta Combo 2 w/ Red Salsa & Refried Beans	9,270 g	12,450	4,310	479	160	1	2,965	24,580	11,166	85	85	880
Fiesta Vallarta 1 w/ Green Salsa & Refried Beans	1,984 g	3,060	910	101	37	0	600	4,550	347	20	20	194
Fiesta Vallarta 1 w/ Red Salsa & Refried Beans	1,984 g	3,060	910	101	37	0	600	4,550	347	20	20	194
Fiesta Vallarta 2 w/ Green Salsa & Refried Beans	3,941 g	6,100	1,800	200	73	0	1,195	9,060	691	40	39	387
Fiesta Vallarta 2 w/ Red Salsa & Refried Beans	3,941 g	6,100	1,800	200	73	0	1,195	9,060	691	40	39	387
Pachanga 1 Birria Carnero w/ Green Salsa & Refried Beans	2,240 g	1,960	240	27	10	0	115	6,070	345	22	20	79
Pachanga 1 Birria Carnero w/ Red Salsa & Refried Beans	2,240 g	1,960	230	26	10	0	115	6,350	346	21	22	79
Pachanga 1 Birria Res w/ Green Salsa & Refried Beans	2,240 g	2,120	370	41	17	0	110	5,740	349	22	21	79
Pachanga 1 Birria Res w/ Red Salsa & Refried Beans	2,240 g	2,110	360	40	17	0	110	6,020	350	21	23	79
Pachanga 2 Birria Carnero w/ Green Salsa & Refried Beans	4,451 g	3,890	470	52	19	0	230	12,090	686	43	40	157
Pachanga 2 Birria Carnero w/ Red Salsa & Refried Beans	4,451 g	3,880	450	50	19	0	230	12,660	688	40	44	157
Pachanga 2 Birria Res w/ Green Salsa & Refried Beans	4,451 g	4,200	730	81	34	0	220	11,440	695	43	42	156
Pachanga 2 Birria Res w/ Red Salsa & Refried Beans	4,451 g	4,190	710	79	33	0	220	12,010	697	41	46	156

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MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Pic Nic 1 w/ Green Salsa & Refried Beans	2,693 g	3,540	1,070	118	40	0	870	6,950	356	22	21	258
Pic Nic 1 w/ Red Salsa & Refried Beans	2,693 g	3,540	1,070	118	40	0	870	6,950	356	22	21	258
Pic Nic 2 w/ Green Salsa & Refried Beans	5,386 g	7,070	2,140	238	80	0.5	1,745	13,940	709	43	42	515
Pic Nic 2 w/ Red Salsa & Refried Beans	5,386 g	7,070	2,140	238	80	0.5	1,745	13,940	709	43	42	515
Taquiza 1-10 Tacos Al Pastor w/ Green Salsa	1,267 g	1,610	480	54	13	0	120	41,260	227	13	28	55
Taquiza 1-10 Tacos Al Pastor w/ Red Salsa	1,267 g	1,610	480	54	13	0	120	41,260	227	13	28	55
Taquiza 1-10 Tacos Asada w/ Green Salsa	1,267 g	1,650	510	57	17	0	170	19,370	213	11	18	72
Taquiza 1-10 Tacos Asada w/ Red Salsa	1,267 g	1,650	510	57	17	0	170	19,370	213	11	18	72
Taquiza 1-10 Tacos Birria Res w/ Green Salsa	1,267 g	1,320	300	33	7	0	55	2,430	216	11	20	40
Taquiza 1-10 Tacos Birria Res w/ Red Salsa	1,267 g	1,320	300	33	7	0	55	2,430	216	11	20	40
Taquiza 1-10 Tacos Cabeza w/ Green Salsa	1,267 g	1,470	440	49	13	0	115	2,030	214	11	18	45
Taquiza 1-10 Tacos Cabeza w/ Red Salsa	1,267 g	1,470	440	49	13	0	115	2,030	214	11	18	45
Taquiza 1-10 Tacos Chicharron w/ Green Salsa	1,267 g	2,720	1,340	149	50	0	325	3,630	213	11	18	134
Taquiza 1-10 Tacos Chicharron w/ Red Salsa	1,267 g	2,720	1,340	149	50	0	325	3,630	213	11	18	134
Taquiza 1-10 Tacos Chorizo w/ Green Salsa	1,267 g	1,630	490	55	13	0	165	7,000	213	11	18	73
Taquiza 1-10 Tacos Chorizo w/ Red Salsa	1,267 g	1,630	490	55	13	0	165	7,000	213	11	18	73
Taquiza 1-10 Tacos Lengua w/ Green Salsa	1,267 g	1,410	370	41	10	0	110	1,970	219	11	18	42
Taquiza 1-10 Tacos Lengua w/ Red Salsa	1,267 g	1,410	370	41	10	0	110	1,970	219	11	18	42
Taquiza 1-10 Tacos Pollo w/ Green Salsa	1,267 g	1,730	610	68	12	0	215	2,650	220	12	20	61
Taquiza 1-10 Tacos Pollo w/ Red Salsa	1,267 g	1,730	610	68	12	0	215	2,650	220	12	20	61
Taquiza 1-10 Tacos Tripas w/ Green Salsa	1,267 g	1,260	240	27	3.5	0	180	1,610	214	11	18	41
Taquiza 1-10 Tacos Tripas w/ Red Salsa	1,267 g	1,260	240	27	3.5	0	180	1,610	214	11	18	41

MENU BOARD NUTRITIONAL PAMPHLETS

Item	Serv Size	Cal	Fat Cal	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)
Taquiza 2-20 Tacos Al Pastor w/ Green Salsa	2,534 g	3,210	970	107	26	0	245	82,530	453	25	55	110
Taquiza 2-20 Tacos Al Pastor w/ Red Salsa	2,534 g	3,210	970	107	26	0	245	82,530	453	25	55	110
Taquiza 2-20 Tacos Asada w/ Green Salsa	2,534 g	3,300	1,020	114	33	0	335	38,730	427	22	35	144
Taquiza 2-20 Tacos Asada w/ Red Salsa	2,534 g	3,300	1,020	114	33	0	335	38,730	427	22	35	144
Taquiza 2-20 Tacos Birria Res w/ Green Salsa	2,534 g	2,630	600	67	14	0	110	4,870	433	22	40	80
Taquiza 2-20 Tacos Birria Res w/ Red Salsa	2,534 g	2,630	600	67	14	0	110	4,870	433	22	40	80
Taquiza 2-20 Tacos Cabeza w/ Green Salsa	2,534 g	2,950	880	98	26	0	230	4,060	428	22	35	91
Taquiza 2-20 Tacos Cabeza w/ Red Salsa	2,534 g	2,950	880	98	26	0	230	4,060	428	22	35	91
Taquiza 2-20 Tacos Chicharron w/ Green Salsa	2,534 g	5,430	2,680	298	100	0	650	7,270	427	22	35	268
Taquiza 2-20 Tacos Chicharron w/ Red Salsa	2,534 g	5,430	2,680	298	100	0	650	7,270	427	22	35	268
Taquiza 2-20 Tacos Chorizo w/ Green Salsa	2,534 g	3,260	980	109	25	0	325	14,000	427	22	35	146
Taquiza 2-20 Tacos Chorizo w/ Red Salsa	2,534 g	3,260	980	109	25	0	325	14,000	427	22	35	146
Taquiza 2-20 Tacos Lengua w/ Green Salsa	2,534 g	2,820	750	83	21	0	215	3,940	437	22	35	84
Taquiza 2-20 Tacos Lengua w/ Red Salsa	2,534 g	2,820	750	83	21	0	215	3,940	437	22	35	84
Taquiza 2-20 Tacos Pollo w/ Green Salsa	2,534 g	3,450	1,220	135	25	0	425	5,290	439	24	40	123
Taquiza 2-20 Tacos Pollo w/ Red Salsa	2,534 g	3,450	1,220	135	25	0	425	5,290	439	24	40	123
Taquiza 2-20 Tacos Tripas w/ Green Salsa	2,534 g	2,510	480	54	7	0	360	3,220	427	22	35	82
Taquiza 2-20 Tacos Tripas w/ Red Salsa	2,534 g	2,510	480	54	7	0	360	3,220	427	22	35	82